

Upcoming Member Health Events: March & April 2019

For Health New England Medicare Advantage Plan Members



March
4th

The Balancing Act – Reducing the Risk of Falling

Monday, March 4, 4:30–6:15 p.m.

Baystate Health Education Center, 361 Whitney Ave., Holyoke, MA

Join Baystate Rehabilitation Care experts Nancy Densmore, PTA, Michelle Downs, PT, and Erin Jarosz, OT, and Ida Konderwicz, RN, from Baystate Medical Center Injury Prevention Program, for an interactive event on falls prevention. Wear comfortable clothing. Refreshments will be served.

March
26th

Scope it Out! Colon Health

Tuesday, March 26, 6:00–7:30 p.m.

Baystate Health Education Center, 361 Whitney Ave., Holyoke, MA

Join Drs. Holly Sheldon and Daniel Fish, from Baystate General Surgery, for a discussion about how the colon works, the symptoms, screenings, different treatments of colon cancer and how to prevent it. Refreshments will be served.

April
2nd

Medication Concerns

Tuesday, April 2, 6:00–7:30 p.m.

Baystate Health Education Center, 361 Whitney Ave., Holyoke, MA

Join Jason Cross, PharmD, BCACP, Baystate Pharmacy Services, for a discussion about medications, common interactions and side effects, safety tips and much more. Refreshments will be served.

April
3rd

Depression in Later Life: When it's More Than the Blues

Wednesday, April 3, 6:00–7:30 p.m.

Baystate Health Education Center, 361 Whitney Ave., Holyoke, MA

Join Dr. Stuart Anfang, Chief of Adult Psychiatry at Baystate, for a discussion about the signs, symptoms and myths of late-life depression. Refreshments will be served.

Space is limited, so register today for these FREE events. Please call (855) 599-0469.

Reminder: Don't forget to submit your Additional Benefits Reimbursement Form by March 31st for 2018 Allowances. Get the form at healthnewengland.org/medicare/forms.