

Pain Management: A Balanced Approach to Care

Provided By:

Baystate Department of Anesthesiology, Health New England &
Baystate Health Continuing Interprofessional Education

Tuesday November 1, 2016

8:30 am – 4:00 pm

<http://learn.bhs.org>

The Log Cabin

Banquet and Meeting House

Holyoke, MA

Why attend: Politicians, policy-makers and the professional community are becoming increasingly aware of the opioid crisis. Yet, these high-risk drugs are routinely employed to treat chronic pain. The burden of monitoring patients for potential abuse, while still treating pain that is chronic and real, falls largely on primary care practitioners who write the greatest volume of opioid prescriptions. According to a recent study, 15.3 million prescriptions were written for Medicare patients alone in 2013. While treatment for chronic pain frequently involves opioids, other strategies could be employed to complement or provide alternatives to address patients’ pain. This course is designed to provide the latest information on the scope of pain, strategies for prescribing and monitoring pain medicines, and therapies that have been shown to help relieve or decrease pain.

Audience: A course for physicians, pharmacists, nurse practitioners, social workers, physician assistants, psychologists, social workers, mental health and addiction counselors

Goal: The goal of this educational activity is to support safe, effective, patient-centered, timely, efficient, equitable, and compassionate care.

Learner Objectives:

- Discuss the pharmacological indications, risks, benefits, and costs of opioid and non-opioid drugs in the treatment of pain in the PCP setting.
- Describe the experience, perceptions, and expectations of the patient with chronic pain.
- Distinguish opioid addiction from dependency needed to maintain quality of life.
- Describe strategies to transition a patient from opioids-only treatment.
- Discuss the legal and regulatory considerations when prescribing opioids for the treatment of chronic pain
- Describe how a primary care practitioner can prepare a patient for a surgical procedure.
- Define hyperalgesia and its implications for the treatment of acute pain in a chronic pain patient.
- Discuss recent research on how Somatic Functional Therapy can be applied to address mechanisms of chronic pain.
- Describe behavioral health strategies in the treatment of pain, including the role of medications and counseling.
- Discuss the role of mindfulness in the treatment of chronic pain.

Program Schedule:

8:30 Introduction

8:45 The Scope of Pain

Ruth Potee, MD
Family Physician
Valley Medical Group, Greenfield, MA

10:45 The Patient Experience; Assessing the Patient

11:05 Coffee Break & Exhibits

11:45 Update: Legal and Regulatory Considerations in Pain Management

Vanessa Smith, Esq.
Associate General Counsel
Baystate Health

12:30 Lunch

1:30 Choice of Two Options

Option A: Medical Management

Preparing the Patient for Surgery: Hyperalgesia
Cuong Vu, MD
Assistant Professor of Medicine
University of Massachusetts Medical School
Director of Pain Management Fellowship
Baystate Medical Center

Case Studies and Discussion

Paul Jodka, MD
Anesthesiologist, Springfield Anesthesia Service, Inc.
Pain Management Center, Baystate Medical Center
Alfred McKee, MD
Springfield Anesthesia Service, Inc.
Medical Director, Pain Management Center
Baystate Medical Center

Option B: Non-Pharmacological Strategies for Pain Management

Mindfulness

Robert Smith, DO
Assistant Professor of Family Medicine
University of Massachusetts Medical School
Family Practitioner & Director of Mindfulness Program
Baystate Health

Managing Pain with Movement

Somatic Functional Therapy
Ramon Nuñez, PhD, DAC, Sensei
Founder and President
Alba Rodriguez, PhD
Chief Scientific Officer
Joseph Sliwkowski, MD
Chief Medical Officer
Somatic Functional Therapy Intl

4:00 Adjourn

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Registration & Tuition Information:

You can register on our website or by mail

Credit card on website: Go to learn.bhs.org. Click on calendar. Search or navigate to the course. Click on the course you want. Go to shopping cart, then Checkout. Sign in with your CE Portal ID or create an account. Add Credit Card Information, You will receive a confirmation email. When contacting us with questions about your registration status, please provide your CE Portal ID

Check by mail: Complete the registration form on this brochure and mail it with a check for the full course fee indicated above to: Baystate Continuing Interprofessional Education, 361 Whitney Avenue, Holyoke, MA 01040

Online Through October 18	\$105
Online After October 18	\$115
By Mail with a check	\$125

For additional information, email joanna.donahue@baystatehealth.org
Director, Continuing Interprofessional Education, Baystate Health



JOINT ACCREDITATION™
INTERPROFESSIONAL CONTINUING EDUCATION

Accreditation:

Baystate Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Registration Form

Course Title and Date
Pain Management - ANI916S1101

First Name _____

Last Name _____

Email _____

Profession _____

Institutional Affiliation: _____

CE ID Number

Write your CE Portal ID once in this section. This ID connects all of your Baystate CE information. Use it to sign into the Learner Portal at learn.bhs.org to register for courses with a credit card and review your transcript.

For Baystate employees and medical staff

Baystate Employees

Physicians/Staff PN

For All Others:

A. B. C.

A. First initial of your first name
B. Birthday month and day
(ex: 2 digits each May 7=0507 not 57)
C. Last four digits of social security number

Mail Instructions

To register via regular mail, complete the registration portion of this form.

Make your check payable to:
Baystate Health

Mail your registration & payment to:
Baystate Continuing Interprofessional Education,
361 Whitney Ave., Holyoke, MA 01040
We cannot process registrations without payment. Make checks payable to: Baystate Medical Center. We accept credit card payments only on our secure, encrypted website at learn.bhs.org which does not store your credit card details.