

# Healthy Perks Beyond Doctor Visits



With a Health New England commercial plan, members can get the following alternative medicine benefits:

## Massage Therapy Reimbursement

1

- Get reimbursed for up to 2 one-hour sessions per family, per calendar year
- Massage therapy must be performed by a Licensed Massage Therapist
- No provider network restrictions
- Find the Massage Reimbursement form at [healthnewengland.org/forms](http://healthnewengland.org/forms)

## Acupuncture Visits

2

- Get 12 acupuncture visits per member, per calendar year
- \$20 copay per visit
- Find an Acupuncture provider at [healthnewengland.org/provider-search](http://healthnewengland.org/provider-search)

## Chiropractic Visits

3

- Copays may vary by plan
- Visit limits vary by plan
- Find a Chiropractic provider at [healthnewengland.org/provider-search](http://healthnewengland.org/provider-search)

For high deductible health plans, charges will apply towards your deductible. Massage reimbursement will only occur after your deductible has been met. Benefits may not apply to all self-funded groups.

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