Health New England Wellness Reimbursement Program



Support for your healthy lifestyle choices

It's up to you to take charge of your health—but we can help! Want to lose weight? Get in shape? The motivation is there, but how do you work it into the budget? That's where we come in.

Having trouble sticking to a fitness routine?

Why not join a fitness club or take fitness or wellness classes. Already a gym member or taking classes? Here are some incentives to keep up the good work!

When you or a covered member of your family purchases a membership to any qualified health club or takes qualified aerobic or wellness classes, Health New England will reimburse you up to \$200 per individual plan and \$400 per family plan per calendar year.

Maybe you'd rather focus on eating well and maintaining a healthy weight.

Check out our Health New England Weight Watchers[®] Reimbursement Program. When you or a covered member of your family registers and participates in weekly Weight Watchers[®] Traditional meetings, Weight Watchers At Work[®] meetings, or Weight Watchers Online[®], Health New England will reimburse you up to \$200 per individual plan and \$400 per family plan per calendar year.

Making healthy lifestyle choices doesn't have to be hard—especially when you have Health New England to help you!

Maximum reimbursement is \$200 per individual plan and \$400 per family plan per calendar year for combined Fitness and Health New England Weight Watchers[®] activities.

Do you have a child in a school or town sports program?

You may apply this reimbursement to those activities as well.

This reimbursement* may be applied to:

- Aerobic/wellness classes
- Athletic event registration fees
- Bike shares
- Community supported agriculture (CSA) or farm shares
- Fitness equipment and devices
- (i.e., treadmill, workout videos, fitbit)Golf and ski tickets
- Golf and ski tickets
- Mindfulness classes and apps
- Nutrition classes and apps
- Personal trainer fees
- Qualifying fitness club memberships
- School and town sports
- Weight Watchers®
- Wellness and fitness apps

* Exclusions may apply. Not all employer groups offer this reimbursement amount. Please check your membership materials for details, or contact Member Services at (800) 310-2835 if you need more information.

See reverse for instructions on filling out your reimbursement online.



Submit your reimbursement request online

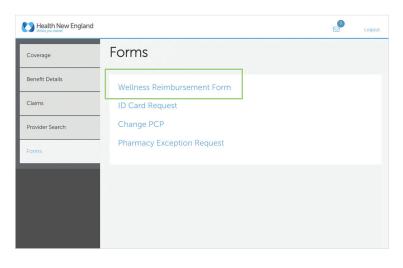
Submitting your Wellness Reimbursement request is simple to do, and it can all be done online.

1. Log into our secure Member Portal at **my.HealthNewEngland.org**.

If it's your first time to the Member Portal, you will need to register first.

ortal Login						
	Welcome to He	alth New England's self service portal				
	Login		Register			
Username:	Username	England a	Looking to create your personal Health Nev England account? Register below, and we'll help quide you through the process.			
Password:	Password	Take Me To:	Select			
Take Me To:	Select ~					
	Login Forgot username?		To register or login as a Health New England Provider, please visit HNEDirect.com			

2. Select "Forms" from menu at the left of the screen, and click on "Wellness Reimbursement Form."



3. Then click "**Next Step**" and fill out the online form to complete your request. There is nothing to mail in.

Health New England				Logo
Coverage	1 Form Overview > 2	2 Reimbursement Det	ails 🗲 🕇 Rev	iew eSign
Benefit Details	Wellness Reimbursemen	t		
Claims	There is more to staying healthy than why Health New England gives you m	seeing your doctor. It's up to you ore than just coverage for your o	u to make healthy choi loctor visits.	ces. That's
	Reimbursement* for 2019 activities: Health New England will reimburse yo qualifying activities listed below.	u up to \$200 per individual and :	\$400 per family per ye	ar toward
Provider Search	*Please note: Reimbursement request than March 31.	s for a prior year must be receive	ed by Health New Eng	land no later
Forms	Activities that Qualify for Wellness Re	eimbursement:		
	Aerobic/wellness classes Athletic event registration fees Bike shares Community supported agricultur (CSA) or farm shares Fitness equipment and devices (i.e., treadmill, workout videos, fi Gotf and ski tickets	Nutrition Personal Qualifying School an Weight W	g fitness club member d town sports	ships
Health New England				9 Logo
Health New England	t			D Logo
Health New England		Program / Facility Name:		0 Logo
Activity for Reimbursemen	ivity:	Program / Facility Name:		0 Logo
Activity for Reimbursemen Type of Ac	ivity:	Program / Facility Name: State:		Logo
Where you matter: Activity for Reimbursemen Type of Ac Street Add	tivity: •		mnästyyy	
Where you matter: Activity for Reimbursemen Type of Ac Street Add	Livity:	State:	mnittyyy	
Activity for Reimbursemen Type of Ac Street Ad	Sivily: • fress: • City: • Nome: •	State:		

If you prefer, you can download the reimbursement form to print, complete and mail in. The form can be found on **the Wellness Reimbursement Form page on the Member Portal**, or you can call Member Services at (800) 310-2835 to request a form.

Health New England complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex. ATTENTION: If you speak any language other than English, language assistance services, free of charge, are available to you. Call (413) 787-4004 or TTY 711. Health New England cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (413) 787-4004 o TTY 711. Health New England cumpre as leis de direitos civis federais aplicáveis e não exerce discriminação com base na raça, cor, nacionalidade, idade, deficiência ou sexo. ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para (413) 787-4004 ou TTY 711.

