

Visit MinuteClinic® and kick the smoking habit.

- NO APPOINTMENT NECESSARY
- Open 7 days a week, including evenings and weekends
- Health New England insurance accepted



**minute  
clinic**®



[minuteclinic.com](http://minuteclinic.com)  
1.866.389.ASAP (2727)



**Everybody  
loves a quitter.**



Break the tobacco habit with **START TO STOP**®, the MinuteClinic smoking cessation program.

**minute clinic**®  
the walk-in clinic at CVS/pharmacy®



## Introducing **START TO STOP**<sup>®</sup>: a smoking cessation program at MinuteClinic<sup>®</sup>.

### One-on-one consultation with practitioner includes:

- Nicotine addiction assessment
- Customized smoking cessation plan and education
- Nicotine replacement recommendations or prescriptions written when medically appropriate
- Visit summary sent to your primary care provider with your permission

Follow-up visits may be recommended at an additional fee. Services and age restrictions vary by state. Lab tests, additional services and visit complexity may result in additional charges.

Studies show that smokers assisted by a health care provider have a greater chance of quitting. Visit MinuteClinic today.

### **FACTS** about quitting:\*

- After 24 hours, your risk of heart attack begins to decrease.
- After 1 year, your risk of heart disease decreases to half that of a current smoker.
- After 5-15 years, your risk of stroke is the same as people who have never smoked.

\*Source: <http://www.surgeongeneral.gov/tobacco>