

## FULLY FUNDED PLANS ONLY

April 17, 2015

RE: Semi-Annual Notice of Changes

Dear HNE Member:

Health New England (HNE) is making some changes to your Plan, most of which become effective July 1, 2015.

I have enclosed an amendment to your HNE Explanation of Coverage. This amendment outlines changes to certain benefits and programs that are part of the standard benefit plan. Please read the information carefully and keep it with your membership materials for future reference.

If you have any questions, please feel free to call Member Services at 413.787.4004 or 800.310.2835. Our staff is available Monday through Friday, 8:00 a.m. to 5:00 p.m. We will be happy to help you.

Sincerely,

John Florek

John Florek Member Services Manager



# AMENDMENT 02-2015

This is an Amendment to your Health New England, Inc. Explanation of Coverage (EOC). Please keep this Amendment with your EOC as it changes the terms of that EOC. Any language in the EOC that does not follow the terms of this Amendment no longer applies. This Amendment is effective on July 1, 2015, unless noted below.

The EOC is amended as follows.

Benefit, Program, or Requirement	Description
Clarification: Member Reimbursement for Services from Out-of- Plan Providers	Section 1 – Introduction Section 5 – Claims and Utilization Management Procedures Claims for member reimbursement for services from Out-of-Plan providers must be received by HNE within one year from the date of the services. Member Cost Sharing <sup>*</sup> will apply to services from Out-of-Plan providers.
Hospital Observation – Member Cost Sharing	<ul> <li>Section 3 – Covered Benefits – Observation Room</li> <li>Effective July 1, 2015, our explanation of the benefit for "Observation Room" is <i>replaced</i> with the text below.</li> <li>Observation room</li> <li>If you are in a hospital in observation status: <ul> <li>Health New England will pay for the observation room charges.</li> <li>Member Cost Sharing* applies for services provided while you are in observation.</li> <li>You must pay the ER Copay or Coinsurance, if it applies.</li> </ul> </li> </ul>

<sup>\*</sup> Member Cost Sharing is what you pay for Deductibles, Copays, or Coinsurance.

Benefit, Program, or Requirement	Description
Substance Abuse Services	Section 3 – Covered Benefits – Behavioral Health (Mental Health and Substance Abuse Services)
	Effective July 1, 2015, the following is <i>added</i> to the list of "What is Covered."
	• Medically Assisted Therapies (MAT) for opioid addiction
	Member Cost Sharing <sup>*</sup> may apply.
	Effective October 1, 2015, the following is <i>added</i> to the list of "What is Covered."
	• Clinical Stabilization Services (CSS) for treatment of substance abuse. (CSS is a 24 hour treatment program. It usually follows an inpatient detoxification. Prior Approval is not required when you use In-Plan providers.)
Health Diagnostic	Section 4 – Exclusions and Limitations
Laboratory, Inc.	The following is <i>added</i> to the list of services and items that Health New England does <i>not</i> cover.
	• Services by Health Diagnostic Laboratory, Inc.
Cologuard <sup>®</sup> Screening	Section 4 – Exclusions and Limitations
Test	The following is <i>added</i> to the list of services and items that Health New England does <i>not</i> cover.
	Cologuard <sup>®</sup> genetic test for colorectal cancer screening
Surgical Management of	Section 4 – Exclusions and Limitations
Morbid Obesity	Health New England will allow repeat procedures for the surgical treatment of morbid obesity. The repeat procedures must meet clinical review criteria. You may access and view this criteria on hne.com. Click on Member, then click on Medical Information, and then click on Medical Policies. To get a paper copy of the criteria, you can call Member Services at 800.310.2835. There is no charge to you for a paper copy.
	The following is <i>deleted</i> from the list of "Limitations and Partial Exclusions."
	HNE covers only one surgical procedure per lifetime for the surgical management of morbid obesity. "Lifetime" means the life of the covered Member.

<sup>\*</sup> Member Cost Sharing is what you pay for Deductibles, Copays, or Coinsurance.

Benefit, Program, or Requirement	Description
Clarification:	Section 3 – Covered Benefits – Infertility Treatment
Infertility Benefit	The text below replaces the text for "Infertility Treatment."
	<ul> <li>Infertility Treatment         <ul> <li>(Requires Prior Approval)</li> </ul> </li> <li>Health New England covers all infertility procedures that are not experimental. This includes, but is not limited to the items below:         <ul> <li>Artificial Insemination / Intra-Uterine Insemination (AI/IUI)</li> <li>In Vitro Fertilization and Embryo Transfers (IVF-ET)</li> <li>Gamete Intrafallopian Transfer (GIFT)</li> <li>Sperm, egg and/or inseminated egg procurement and processing, and banking of sperm or inseminated eggs, to the extent the donor's insure does not cover them</li> <li>Intracytoplasmic Sperm Injection (ICSI) for the treatment of male factor Infertility</li> <li>Zygote Intrafallopian Transfer (ZIFT)</li> <li>Assisted Hatching</li> <li>Cryopreservation of eggs during an active IVF cycle or as Medically Necessary (in the case of impending or possible loss or damage of reproductive tissue because of medical treatments (chemo or radiation))</li> </ul> </li> <li>There are limits to the benefits. There are also some exclusions. Health New England covers infertility services for Massachusetts and Connecticut resident only. This is defined in the terms of Health New England 's Infertility Protocol. You can ask Health New England Member Services to send you a copy of the Protoc. Health New England covers infertility services for a Connecticut resident only until her 40<sup>th</sup> birthday, as Connecticut law requires.</li> </ul> <li>What is Not Covered         <ul> <li>Sperm or egg banking that is not connected with approved infertility treatment and is not Medically Necessary because of impending or possible loss or damage of reproductive tissue related to medical treatments or conditions that may diminish fertility.</li> <li>Any costs associated with any form of surrogacy, including gestational carriers</li> </ul> &lt;</li>
Clarification: Surrogacy	Section 4 – Exclusions and Limitations The following is <i>added</i> to the list of services and items that Health New England does <i>not</i> cover.
	Any costs associated with any form of surrogacy, including gestational carriers

Benefit, Program, or Requirement	Description	
Gender Reassignment Surgery	Health New England has changed the clinical review criteria used for benefit decisions related to gender reassignment surgery. This change is effective January 1, 2015. This surgery requires Prior Approval. You may access and view this criteria on hne.com. Click on Member, then click on Medical Information, and then click on Medical Policies. To get a paper copy of the criteria, you can call Member Services at 800.310.2835. There is no charge to you for a paper copy.	
Changes to Health New England's Clinical Review Criteria	<ul> <li>Health New England has changed the clinical review criteria used for benefit decisions related to the procedures listed below. These procedures require Prior Approval. You may access and view this criteria on hne.com. Click on Member, then click on Medical Information, and then click on Medical Policies. To get a paper copy of the criteria, you can call Member Services at 800.310.2835. There is no charge to you for a paper copy.</li> <li>Reduction Mammoplasty</li> <li>Abdominal Panniculectomy</li> <li>INFUSE Bone Graft – External</li> <li>Endothelial Keratoplasty – External</li> </ul>	
Maggashugatta Office of	Cochlear Implants	
Massachusetts Office of Patient Protection – Address Change	Section 6 – Inquiries and Grievances – Massachusetts Office of Patient Protection	
Auuress Change	Effective 12/31/2014, the mailing address for the Office of Patient Protection is:	
	Health Policy Commission Office of Patient Protection 50 Milk Street, 8 <sup>th</sup> Floor Boston, MA 02109	
	The phone number and email address have not changed.	
Additional Preventive Services	The items below will be covered as preventive services. Members will have no Cost Sharing for Deductibles, Copays, or Coinsurance when they use Health New England In-Plan providers.	
	• Behavioral Health counseling to promote a healthy diet and physical activity	
	This is for prevention of cardiovascular disease in adults who have known risk factors. Coverage for these services will be effective August 1, 2015.	
	• Low dose aspirin for women at risk for pre-eclampsia	
	Coverage for low dose aspirin will be effective September 1, 2015.	

# Prescription Drug Coverage

Note: Tier 1 – lowest copay; Tier 2 – mid copay level; Tier 3 – highest copay level

## **Step Therapy Drug changes effective July 1, 2015:**

For HNE to cover the Step Therapy drugs listed here, you first must try the corresponding First Line drugs. If HNE has paid a claim for the First Line drug within the previous 180 or 360 days (depending on the First Line drug), then you are eligible for coverage of the Step Therapy drug.

# The use of samples does not satisfy the requirements of documented usage of a First Line drug or medical necessity for a Step Therapy drug.

If it is Medically Necessary for you to use a Step Therapy drug before trying a First Line drug, then your doctor can contact HNE to request a medical review.

You must try:	First Line Drug(s):	Generic ADD/ADHD immediate or extended release products or Methylphenidate ER tablets (generic Concerta)
Before HNE will cover:	Step Therapy Drug(s):	• Vyvanse Note: Applies to new prescriptions only.
You must try:	First Line Drug(s):	• Generic ADD/ADHD immediate or extended release products or Methylphenidate ER tablets (generic Concerta)
Before HNE will cover:	Step Therapy Drug(s):	• Strattera Note: Applies to new prescriptions only.
You must try:	First Line Drug(s):	Nasacort Allergy 24hr OTC
Before HNE will cover:	Step Therapy Drug(s):	<ul> <li>Azelastine Nasal Spray</li> <li>Triamcinolone Nasal Spray</li> <li>Nasonex</li> <li>Beconase AQ</li> <li>Veramyst</li> <li>QNASL</li> <li>Zetonna</li> <li>Dymista</li> <li>Omnaris</li> <li>Olopatadine Nasal Spray</li> </ul>
You must try:	First Line Drug(s):	• Fenofibrate
Before HNE will cover:	Step Therapy Drug(s):	<ul> <li>Omega-3-Acid Ethyl Esters</li> <li>Vascepa</li> <li>Note: Applies to new prescriptions only.</li> </ul>
You must try:	First Line Drug(s):	Oxybutynin Er
Before HNE will cover:	Step Therapy Drug(s):	• Tolterodine Note: Applies to new prescriptions only.
You must try:	First Line Drug(s):	• Finasteride and Tamsulosin
Before HNE will cover:	Step Therapy Drug(s):	• Avodart Note: Applies to new prescriptions only.

<b>Tier Assignments</b> The following Drugs are changing Copay Tier Assignment.				
Drug Name	Tier before 7/1/15	Tier on or after 7/1/15		
Nasonex	2	3		
Namenda XR	2	3		
Avodart	2	3		
Adderall XR	1	3		
Quantity Limit Additions Starting July 1, 2015, HNE will add Drug Name		per 30 day supply wise specified)		
Vancomycin Capsule	125 mg, 56 capsules per <b>14 days</b>			
Flector Patch	30 patches f	30 patches for <b>15 day supply</b>		
Pataday Solution	2.5 m	2.5 ml (1 bottle)		
Patanol Solution	5 ml	5 ml (1 bottle)		
Humira	2 Injectio	2 Injections/ Pen Injector		
Namenda XR	30	30 capsules		
Avodart	30	) tablets		
Triamcinolone Nasal Spray	1	1 bottle		
Veramyst	1	bottle		
Azelastine Nasal Spray	1	bottle		
Olopatadine Nasal Spray	1	1 bottle		
QNASL	1	1 bottle		
Omnaris	1	1 bottle		
Dymista	1	1 bottle		
Zetonna	1	1 bottle		
Nasonex	1	1 bottle		

<i>Prescription Drug Coverage</i> Note: Tier 1 – lowest copay; Tier 2 – mid copay level; Tier 3 – highest copay level		
<i>Prescription Drug Coverage</i> Note: Tier 1 – lowest copay; Tier 2 – mid copay level; Tier 3 – highest copay level		
Quantity Limit Additions (continued) Starting July 1, 2015, HNE will add the Quantity Limits to the drugs below.		
Beconase AQ	1 bottle	
Vyvanse	30 capsules	
Strattera	30 capsules	
Prior Authorizations effective July 1, 2015		

- Vancomycin 250mg
- Flector Patch
- Voltaren Gel
- Tacrolimus
- Elidel

## Plan Limitations effective July 1, 2015

- Adderall XR brand name will no longer be our preferred first line agent. Generic Amphetamine-Dextroamphetamine 24hr capsules will be our preferred first line agent as of July 1, 2015.
- Dextroamphetamme 24hr capsules will be our preferred first line agent as of Jury 1, 201.
- Adapalene Cream/Gel 0.1% will not be covered for members 30 years of age or older.
- Tretinoin Cream/Gel all strengths will not be covered for members 30 years of age or older.
- Tretinoin Microsphere and pump all strengths will not be covered for members 30 years of age or older.

## Plan Exclusions effective July 1, 2015

The following Prescription Drugs are **not** a Covered Benefit:

- Metformin ER 1000mg will be excluded. As an alternative: HNE allows Metformin ER 500mg 60 tablets for 30 days.
- Treximet will be excluded. As an alternative: use separate agents.

## Did you know you could save money on your allergy prescriptions?

Allergies are a chronic condition. Treatment can be expensive. But, many allergy drugs are now available overthe-counter (OTC). Usually OTC drugs are not covered by your insurance. However, the OTC version may be less costly to you.

Over the past few years, the majority of allergy drugs have become available in both generic forms and OTC forms. Some examples are Nasacort 24hr, Flonase, Claritin, Zyrtec, and Allegra.