



# Healthcare happens here.

## Access doctors and therapists by web, phone or app.

Teladoc<sup>®</sup> is a convenient and affordable option for a variety of medical services, including **General Medical** and **Behavioral Health**. Access quality healthcare from the comfort of home, during your lunch break or while traveling. You can even get a prescription sent to your local pharmacy, when medically necessary.

- Connect with a licensed doctor or therapist by web, phone or mobile app
- Over 1,000,000 telehealth visits performed
- 95% member satisfaction
- Speak with a doctor in minutes
- Teladoc doctors average **20 years** of experience\*

### *Get started:* **Teladoc.com/HNE**

Call: 1-800-TELADOC (835-2362)

#### When your primary care provider (PCP) isn't available, use Teladoc.



#### **General Medical**

- Board-certified doctors are available 24/7/365 by web, phone or app
- Treat flu, allergies, sinus infection, rash, sore throat and more

#### **Behavioral Health**

- Schedule a video or phone appointment seven days a week
- Support for anxiety, eating disorders, depression, family issues and more

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