



Health New England Wellness Reimbursement Program

There is more to staying healthy than seeing your doctor. It's up to you to make healthy choices. That's why Health New England gives you more than just coverage for your doctor visits.

Health New England will reimburse you up to \$200 per individual plan and \$400 per family plan per calendar year towards services such as:*

- Qualifying fitness club memberships
- Weight Watchers®
- School and town sports
- Aerobic/wellness classes
- Personal trainer fees
- Athletic event registration fees
- Golf
- Ski tickets
- Fitness equipment and devices (i.e., treadmill, workout videos)
- Nutrition classes
- Mindfulness classes
- Community supported agriculture (CSA) or farm shares - (Farms offering CSA shares of vegetables, fruits and other agricultural products can be found across the state.)

*Not all employer groups offer reimbursement for all items and activities listed. Not all employer groups offer this reimbursement amount. Reimbursement amount is valid beginning Jan. 1, 2019. Please check your membership materials for details, or contact Member Services if you need more information.

For more information about our wellness reimbursement program, contact us at (413) 787-4004 or visit healthnewengland.org/wellness/reimbursement-programs.